

Based on laser therapy technology, **The Quick Stop Solution™** is the new, fast and easy way to quit smoking. During a 30-minute treatment, using a painless laser light, we can eliminate your nicotine cravings, and help reset your metabolism to minimize the unpleasant symptoms of withdrawal helping you to stop smoking. This program was created by a group of doctors, and has proven extremely effective. In accordance with strict FDA guidelines, studies show that 85 to 95% of patients never smoke again.

**Do you want to stop smoking? Do you want to stop quickly without any unpleasant withdrawal symptoms or weight gain? If so, The Quick Stop Solution™ is for you.**

### **How The Program Works**

Using a step-by-step approach, we begin with a brief initial conversation to understand your situation. We explain the program and The 10 Quick Stop Habits. When you are ready to proceed you will receive your first laser therapy session, which will take about 30 minutes. The procedure is painless, and there are no side effects. You will experience results immediately, however, we do recommend a second treatment 2-3 days after the first. The program includes a total of three treatments if required, at no extra charge, within a maximum of 6 months.

The Quick Stop Solution™ is successful because it's natural and easy. Our program is unique as it addresses the physical, psychological, and chemical challenges associated with becoming a non-smoker. Research shows that by implementing our plan, which treats all three of these conditions, smokers have finally found a quick and easy way to become, and to stay, smoke-free.

### **How Laser Therapy Works**

Using a low-level laser, light energy is used to stimulate your nervous system to produce endorphins - nature's mood-lifter and pain reliever. This treatment calms your nervous system, eliminates cravings, and returns your metabolism to its natural state. As a result, you are able to quit smoking without the discomfort of withdrawal symptoms - dramatically increasing your chances of success.

### **How QuickStop Coaching Works**

When you want to be truly successful at something, a great coach can often be the difference. QuickStop clinicians are great coaches. They will coach you through the nutritional, habitual and lifestyle changes to help make quitting easier. A complete health history and a detailed discussion about your readiness to change, and the stress of quitting are vital components to the success of our program. When you're ready to quit smoking, there's no need to go it alone. Talk to one of our Quick Stop clinicians today about coaching you through your own personal plan for success.

# Here's Why Our Program Works The Best

## Let your body do the work

Our program works better because your body does most of the work. By stimulating your body's natural energy points, your body takes charge and boosts its own metabolism to its natural state - no more, no less. There are no wild swings in your body chemistry, and as a result, it is unlikely you will experience the unpleasant symptoms of withdrawal and the weight gain often experienced by people who quit smoking.

## FDA Supervised Program

This is a doctor created program. The level of training is comprehensive. Our program is administered exclusively by registered healthcare practitioners, in accordance with U.S. Federal Government requirements. Quick Stop practitioners receive monthly coaching, and continuing education. By combining our federally approved equipment, with our licensed and trained practitioners, we are confident you are receiving the best program and the best care available today.

## Why Our Technology Is Effective

Clinics accredited to deliver The Quick Stop Solution™ use the most advanced laser technology available today: The TheraLASE TLC-1003. This state-of-the-art equipment delivers the most powerful and accurate dosage possible, thereby speeding up the procedure, and increasing its impact exponentially. TheraLASE holds several worldwide patents and is a publicly traded company on the TSX.

## Testimonials

For over forty years a cigarette was never far from my hands. It wasn't until my grandchildren reminded me how my clothes and hair always smelled 'funny', that I realized the impact I was having on them. I had tried to quit before, but it wasn't until I tried Quick Stop that I found something that worked for me. With zero cravings, Quick Stop was an easy way for me to break the habit.

Marie G, 66

I started smoking in high school and when I got a job in the construction industry, everyone around me smoked. I never thought about giving it up until I began to have trouble breathing. I looked around for an easy way to stop smoking and found The Quick Stop Solution™. It worked right away. I couldn't believe it. Now, my food tastes better and I have an energy level that I haven't felt in years. I can't say enough about the program.

Anthony T, 30

more...

DO YOU WANT TO

# STOP SMOKING



I was a recreational smoker for years, and before I knew it, I was up to two packs a day. I tried quitting but I found that every time I quit, I ended up gaining weight. Then a friend told me about the The Quick Stop Solution™. I was skeptical at first, but I decided it was worth a try. I was thrilled to discover that not only did the The Quick Stop Solution™ take away my desire to smoke; it also controlled my desire to eat. So far, I haven't gained any weight and I have stopped smoking for good.

Nancy B, 42

## FAQ

### **Q: How successful is The Quick Stop Solution™?**

We monitor our clinical results monthly and we are seeing 85-95% success rates for those that follow our program fully.

### **Q: Is Quick Stop medically approved and recognized?**

Yes it is. In the United States the procedures are regulated and the results are monitored by the FDA. Our laser equipment is approved for use throughout North America, and we only use licensed health care practitioners to administer the treatment.

### **Q: Is Quick Stop covered through my extended health benefits?**

Most benefit packages have coverage for smoking cessation. Since our program is administered by healthcare professionals, you may also qualify for coverage under the specific practitioner such as chiropractic, physiotherapy, or massage therapy.

### **Q: Weight gain is common when people quit smoking. Does Quick Stop help with that?**

Quick Stop clients experience little or no weight gain because of the metabolic changes that occur with the treatment. With our guidance we provide a food based detoxification plan that quickly removes toxins from your system, fuels your body, and improves eating habits.

### **Q: Does it hurt?**

No, not at all. The treatments are actually a calming experience and some of the points treated on your body are used for relaxation and anxiety suppression.

### **Q: Are there any side effects with Quick Stop?**

There are no side effects from the treatments. Most clients report a feeling of calm and perhaps a little thirst.

### **Q: How many treatments do I need?**

We see results immediately after the first treatment, however we do encourage our clients to book a minimum of two sessions. The program includes up to three if required.

### **Q: What is the fee for The Quick Stop Solution™?**

The fee is \$395.00, which includes all materials, and up to three treatments. We also offer group rates and spousal discounts. We throw in a lifetime of improved health for free!

